Quarter 2 Lesson 11

Title: Daniel eats Good Food

Memory Verse: 1 Corinthians 10:31 "Whatever you do, do all to the glory of God."

NKJV

Lesson References: Daniel 1

My Bible Friends Bk 9 The Bible Story Vol 6 p. 9-14 Prophets and Kings p. 479-502

Lesson Aim: Jesus wants us to spend time each day in prayer and Bible study. When we put Jesus first in our lives He will be with us ALL the time and help us to eat the right food so that we can think clearly and grow strong healthy bodies.

Story Illustration Ideas:

Have either pictures of good and bad foods for you or some real food and have the children help you decide which will make you grow strong and healthy for Jesus.

AND/OR

Use appropriate felts to tell the story.

AND/OR

Tell the story using the pictures from My Bible Friends or The Bible Story.

CRAFT

Colour the picture of Daniel praying.